

# The Narrow Bridge

גשר צר מאוד

## INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 170

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

***Persist despite challenges, believe despite doubts, act despite fears.  
Everything you're going through will eventually be everything you've made it through.***

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

***Perspective is one of the most powerful tools we'll ever hold – and it weighs nothing.***

***The facts of a situation may not change, but the way we choose to see them can transform everything.***

***The same road can feel like a dead end or a new beginning, depending on where we stand and how we view it.***

***Sometimes our life doesn't need more light; it needs a clearer window. Even a small crack in the blinds can brighten an entire room. When we shift our mindset, we reclaim our strength. Proper perspective can turn a prison into a classroom – obstacles become teachers, delays become preparation, and detours become protection. What once felt like proof that you are stuck can begin to look like evidence that you are being shaped for something greater.***

***Perspective doesn't deny difficulty; it gives us the strength to move through it. It reminds us that a chapter is not the whole story, that a moment is not our identity, and that today's frustration may be tomorrow's foundation.***

***Instead of feeling trapped by circumstance, we can be empowered by how we interpret it.***

***Guard your perspective carefully. Nurture it. Train it. Because when we learn to see differently, we begin to live differently – and sometimes, the smallest shift in how we look at things creates the biggest shift in who we become.***

INSPIRED BY THE TEACHINGS OF THE BAAL HATANYA, RABBI SHNEUR ZALMAN OF LIADI (1745–1812)

***Keep showing up, keep getting up, and keep looking up.***

***One day you'll thank yourself for never giving up.***

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*A smart person knows what to say, but a wise person knows when to say it and when to simply listen. Not every moment calls for an answer, and not every heart seeks advice. Quite often, a listening ear can accomplish far more than any speech or sermon.*

*Sometimes people just need to be heard – to release what's heavy inside without being told how to fix it.*

*True wisdom understands that presence often heals more than words ever could –*

*that compassion is often louder than counsel. We don't need to have the perfect answer to make a difference; sometimes what a person truly needs is not a brilliant mind that speaks, but a caring heart that listens.*

*There are times when silence is the deepest kindness – when the most healing thing we can offer is not in our words but in our calm presence. In these moments, silence is not emptiness, but empathy; in these moments, simply sitting with someone in their pain without trying to repair it is one of the deepest acts of love and understanding.*

*The wisest and holiest response is often a gentle presence – a silence that says, "You are not alone."*

*Sometimes the most meaningful thing we can offer is found not in what we say, but simply in our willingness to stay.*

INSPIRED BY THE TEACHINGS OF THE LUBAVITCHER REBBE, RABBI MENACHEM MENDEL SCHNEERSON (1902-1994)

*When ordinary people begin to pray, extraordinary things begin to happen.*

RABBI DANIEL AGALAR