

The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 169

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע"נ פעסל בת ישראל מנחם / לזכות חילינו

Yom HaZikaron - Israel's Memorial Day

When asked about traveling to daven at the graves of the tzadikim, Rav Shlomo Zalman Auerbach would respond, "In order to pray at the graves of tzadikim, you don't need to travel up to the Galit. Whenever I feel the need to pray at the graves of tzadikim, I go to Mount Herzl, to the graves of the fallen IDF soldiers."

RABBI YISRAEL MEIR LAU

Yom HaZikaron - Israel's Memorial Day

Every soldier who guards Israel fulfills a mitzvah every second, like one who studies Torah continuously. He is a living Sefer Torah clothed in uniform.

RABBI SHLOMO AVINER

Yom Ha'Atzmaut - Israel's Independence Day

To be a Jew is to be a guardian of hope, and the State of Israel is the embodiment of that hope – carved out of suffering, sustained by courage, and blessed by the dream of peace.

Israel is not just a country; it is a dream that has sustained our people through centuries of exile and persecution. It is a testament to the enduring spirit of the Jewish people, and a reminder that no matter how dark the night may seem, the dawn will always come.

Israel is the country whose national anthem, HaTikva, means "hope" – Israel is the home of hope. It is the Jewish people's signal to the world that even after the worst crimes, life can be rebuilt, hope can be restored, and a people can return – not just to a land, but to its destiny. Israel is a country built not only on the soil of the land, but on the soul of a people.

RABBI JONATHAN SACKS (1948-2020)

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To truly love someone, you don't need to understand them fully or agree with them fully – you just need to be there for them fully.

INSPIRED BY THE TEACHINGS OF REB SHAYELE OF KERESTIR (1851-1925)

Every day won't feel the same and that's okay. Some days you'll feel strong and motivated, and other days you may feel tired or overwhelmed. Some days you'll move mountains, and other days you'll move from the bed to the couch. Both are progress. Both are necessary.

Life comes with both highs and lows, and you're not expected to be at your best all the time. Even the act of getting out of bed some mornings can be a powerful form of holiness. Whether you're running or crawling, sprinting or inching up, what matters is that you keep showing up.

Be gentle with yourself, speak with compassion and remember that even on the tough days, you're making progress. Be proud of yourself for surviving the silent battles no one knows about. A little good – even one small point – should be acknowledged and celebrated.

Progress doesn't always roar. Sometimes, it whispers through the smallest steps you take.

One day, when you look back, you'll see that those quiet, gentle steps carried you farther than you ever imagined.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN (1772-1810)

The first ever wireless connection was invented by Hashem; He named it "prayer."

No lost signal. No battery needed. Always available; anywhere, anytime.

EMUNAH DAILY

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