



The Halachos for Women

It is important to note that the *halachos* of “avoiding spiritual challenges,” which were previously discussed, also apply to women. Thus, in instances where women are obligated to guard their eyes and thoughts (as we have discussed in detail in the past), they also are obligated to keep away from such challenges. As much as possible, they must avoid situations and places where immodest things are found, according to the previously mentioned rules of “*darka acharina*” (when there is another option). (See *Sefer Hachinuch*, mitzvah 387; *Malbushei Mordechai* 11:8)
